



INDIAN POWERLIFTING FEDERATION

Affiliated to: International Powerlifting League & Asian Powerlifting League
Recognized by: Ministry of Youth Affairs & Sports, Govt. of India
(Regd. Under Societies Act XXVI of 1961)
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Calendar of National Championships for the year 2020-2021

From 1st April to 31st March, 2021

Sub-Junior & Master National Powerlifting Championship (equipped & unequipped) to be held in the month of January

Junior National Powerlifting Championship (equipped & unequipped) to be held in the month of March

45th Senior National Powerlifting Championship (equipped & unequipped) to be held in the month of May

Bench-Press National Powerlifting Championship all age category (equipped & unequipped) to be held in the month of July

Deadlift National Powerlifting Championship all age category (equipped & unequipped) to be held in the month of September

Federation-Cup Powerlifting Championship (equipped & unequipped) to be held in the month of November

North Zone Powerlifting, Bench-Press & Deadlift (equipped & unequipped) Championship to be held in the month of December

East Zone Powerlifting, Bench-Press & Deadlift (equipped & unequipped) Championship to be held in the month of December

West Zone Powerlifting, Bench-Press & Deadlift (equipped & unequipped) Championship to be held in the month of December

South Zone Powerlifting, Bench-Press & Deadlift (equipped & unequipped) Championship to be held in the month of December

Note:- Click on to the link to know exact dates & venue in the (Events of Website)