



# INDIAN POWERLIFTING FEDERATION

Affiliated to: International Powerlifting League & Asian Powerlifting League  
Recognized by: Ministry of Youth Affairs & Sports, Govt. of India  
(Regd. Under Societies Act XXVI of 1961)  
Admin office: 3 - A/C Green Belt, Gandhi Nagar Jammu-180004 (J&K)  
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Website: [www.indianpowerliftingfederation.com](http://www.indianpowerliftingfederation.com)

Ref. No.

Date: 05-08-2020

## INVITATION-CUM-CIRCULAR

To  
The Secretary

Sub:- **45<sup>th</sup> Men & 37<sup>th</sup> Women Senior National Powerlifting Championship** (equipped & unequipped), Along with **Bench-Press National Powerlifting Championship** all age category (equipped & unequipped), Also **Deadlift National Powerlifting Championship** all age category (equipped & unequipped), All together will be held from to 19<sup>th</sup> Dec - 22<sup>th</sup> Dec, 2020.

The above championship will be held at RKM Gym, 3-A/C Green Belt Gandhi Nagar Jammu.

All are advised to compete your State meet or trials and send the entry-list on State Association letterhead before 15-11-2020 Nov, 2020 to federation through **email** or **whatsapp** for making necessary arrangements.

For information points below be noted:

- 1) Venue :- RKM Gym, 3-A/C Green Belt Gandhi Nagar Jammu-180004
- 2) Dates :- 19<sup>th</sup> to 22<sup>nd</sup> of December, 2020
- 3) Reporting :- 18-12-2020 before evening 5.00 pm
- 4) Food & Accomodation:- Details shall be provided in the **Technical Meeting** scheduled on 18-12-2020 at 5pm at 3-A/C Green Belt Gandhi Nagar Jammu
- 5) Reporting Rly. Stn. :- Jammu Tawi
- 6) Event entry :- Rs. 2000/- per event, (late entry fine applicable)
- 7) No Identity card fee.

Your cooperation to organizer is must to success this championship.

Thanks & Regards  
For Indian Powerlifting Federation

Rajan Jain  
(General Secretary)  
**Organizers Address:-**  
Mohammad Arif  
Media Secretary, J&K Sports Powerlifting Association  
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