

Nominations -- Men's Junior

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Nominations -- Men's Sub-Junior

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Nominations -- Men's Masters 1

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Nominations -- Women's Masters 1

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Nominations -- Women's Masters 2

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Nominations -- Women's Masters 3

Class	Family Name	First Name	Birth Year	Squat	Bench	Dead	Total
Reserve lifters, max. 5 per team							

Address for contact:

Name: _____ Street: _____ Zipcode: _____
 City: _____ Country: _____ Phone: _____
 Fax: _____ E-Mail: _____

