



INDIAN POWERLIFTING FEDERATION

Affiliated to : International & Asian Powerlifting Federation
Recognised by : Min. of Youth Affairs & Sports, Govt. of India
Recognised by : Indian Olympic Association.
(Regd. Under Societies Act XXVI of 1961)

Ref. No. :

Date : 08.07.2016

President :

Sri Hemant Pitty

Vice-Presidents :

Sri Satish Kumar
Sri Manik Toshre
Sri Anwar Hussain
Sri T. S. Mohan Sankar
Sri Baba Daware
Sri Parveen Singh

Hony. Genl. Secretary :

Sri Bhaskar Kumar Mitra

Hony. Jt. Secretaries :

Sri E. Sajeevan Bhaskaran
Sri Krishna Sahu

Hony. Treasurer :

Sri Dilip Dey

Zonal Org. Secretaries :

Sri Chaman Lal (North)
Ms. Sampa Guha (East)
Sri Vinod Sahu (West)
Sri V. R. Srikumar (South)

To
The Secretary

INVITATION-CUM-CIRCULAR

Sub: **Senior National (Men & Women) Interstate Powerlifting (Equipped) Championship-2016.**

Sir,

The above championship will be held at JAMSHEDPUR (Jharkhand) organized by Indian P.L. Federation during 7th to 11th September, 2016.

You are requested to complete your Senior State Meet and select the best teams both Men & Women and send the entries on your letterhead to the undersigned latest by 17th August, 2016 (Equipped only).

The salient points for the championship are as under :

- 1) Dates : 7th to 11th September, 2016.
- 2) Venue : Jamshedpur (THE MILANEE).
- 3) Reporting : On 6th September before evening at THE MILANEE.
- 4) Technical Meeting: On 6th September, 2016 at 6:30 p.m.
- 5) Identity Card : MUST & to be produced at the Weigh-in room.
Renewal - Rs.400/-
New I/Card - Rs.500/-
(2 copies of coloured P.P. Photo + Age proof Certificate Required).
Duplicate I/Card - May be made with a fine of (if not brought) Rs.1100/- (2 copies Col. Photo & Age proof Certificate require).
- 6) Accommodation : Will be intimated on arrival (Report at The Milance).
- 7) Last date of receiving entries : 17th August, 2016.

Contd...P/2.

Office Address :

3/3, MEGHMALLAR APARTMENT, 86 'M' ROAD, BISTUPUR, JAMSHEDPUR-831001 (JHARKHAND), INDIA
Phone : +91-657-2320431 +91 9430720988. Fax : +91-657-2222125



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- 8) Entry Fees : Rs.800/- each (Spot entry may be accepted on payment of Rs.1800/- per lifter (i.e. Rs.1000/- Late fine + Rs.800/- entry fees).
- 9) Officials : Not more than 3 (three) Officials are allowed which includes International Referee + National CAT-I.

You are requested to co-operate with the organizer for the success of the meet.

ALSO PLEASE NOTE THE FOLLOWING IMPORTANT POINTS & ACT ACCORDINGLY.

- 1) Accommodation will be provided by IPF to only State Secretary & International Referee CAT-I & CAT-II.
- 2) Manager, Coach & National Referee CAT-I only will get accommodation nearer to the players accommodation.
- 3) Any other Referee or Official may come but they have to make their own arrangement for accommodation.
- 4) This is first time medals will be awarded to Inter State Women also along with Men.
- 5) Entries received by 17th August,2016 will be treated as final entry. You may delete the names only before 7(seven) days but **YOU CAN NOT ADD ANY NAMES.** (as per IPF Rule).

Thanking you,



Yours faithfully,


Hony. Genl. Secy.
IPF

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**SENIOR NATIONAL & INTERSTATE MEN & WOMEN POWERLIFTING
CHAMPIONSHIP-2016 AT JAMSHEDPUR
DURING: 7TH TO 11TH SEPTEMBER,2016.**

--- PROGRAMME ---

- 06.09.16 - 6:30 PM - Technical Meeting.
8:00 PM - Referees Clinic & Allotment of Referee
8:30 PM - Dope Awareness Clinic
- 07.09.16 - 9:00 AM - Lineup for In-auguration
9:30 AM - IN-AUGURATION
10:00 AM - Weigh-in for Men (59 & 66 Kg. Classes)
12:00 Noon- Competition Start
2:00 PM - Weigh-in for Men (74 Kg. Class)
4:00 PM - Competition Start
- 08.09.16 - 9:00 AM - Referees Clinic
9:00 AM - Weigh-in for Women (47 & 52 Kg. Class)
11:00 AM - Competition Starts.
11:30 AM - Weigh-in for Women (57 & 63 Kg. Class)
1:30 AM - Competition start.
3:00 AM - Weigh-in for Men (83 Kg. Class)
5:00 PM - Competition start.
- 09.09.16 - 9:00 AM - Referees Clinic
9:00 AM - Weigh-in for Men 93 Kg. Class.
11:00 AM - Competition start.
11:30 AM - Weigh-in for Women 72 Kg. Class
1:30 AM - Competition start.
4:00 PM - Weigh-in for Women (84 & -84 Kg.)
6:00 PM - Competition start.
- 10.09.16 - 9:00 AM - Referees Clinic
9:00 AM - Weigh in for Men 105 Kg.
11:00 AM - Competition starts
2:00 PM - Weigh-in for Men (120 & -120 Kg)
4:00 PM - Competition start.
- 11.09.16 - 10:00 AM - Referees Clinic
11:00 AM - Fedn. Meeting for Selection Committee to take part in the Asian Oceania & Open World, Orlando, USA.
4:00 PM - PRIZE DISTRIBUTION & CLOSING CEREMONY
6:00 PM - MAGIC SHOW
7:00 PM - MUSICAL NIGHT

PROGRAMME IS SUBJECT TO CHANGE AT THE DISCRETION OF MANAGEMENT.

ISSUED BY IPE

