

IPF Calendar 2017 - 2018

| S.No. | Championship Name | Organizing State/City | Period |
|--------------|---|------------------------------|---|
| 1. | Sub-JR NATIONAL EQ & UNEQ P/L Championship 2017.(Boys & Girls) | Vidarva,Chandrapura | 29 th May to 1 st June 2017 |
| 2. | SR- NATIONAL EQ & UNEQ , INTERSTATE & South Indian P/L Championship.(Men & Women) | Kerala, Alappuzha | 14 th to 19 th Aug 2017 |
| 3. | Asian Benchpress championships Classic Raw Equipped All age group | Manila, Philippines | 6-12 th September' 17 |
| 4. | Commonwealth P/L & Benchpress (Eqp. & Uneqp.) Championships-2017 | South Africa | 10-17 th September' 17 |
| 5. | West Zone P/L Champ. | Venue yet to fix | 14-15 th or 20-21 st Oct.' 17 |
| 6. | East Zone P/L Champ, | Howrah,WB | 20-24 Oct' 17 |
| 7. | North Zone P/L Champ. | Patiala, Punjab | 11-12 or 18-19 Nov.' 17 |
| 8. | Asian Classic P/L Championships | Coimbatore, T.N. | 4-9 th Dec' 17 |
| 9. | Subrata Classic International P/L, Benchpress & Deadlift | Coimbatore, T.N. | 4-9 th Dec' 17 |
| 10. | JR. NATIONAL EQ & UNEQ P/L Championship (Boys & Girls) | Near Kanyakumari(TN) | 11 th to 15 th Jan 2018 |
| 11. | School Game NATIONAL P/L Championship (Boys & Girls) | Pune | 23 rd to 25 th Jan 2018 |
| 12. | Master NATIONAL P/L Championship Men & | West Bengal | 8 th to 11 th Feb 2018 |

| | | | |
|-----|--|---------------------|---|
| | Women EQ & UNEQ. M-I to M-IV. | | |
| 13. | *Federation. Cup & *Selection trail for Asian P/L Championship. (Men & Women) Sub-Jr to Master IV. | Jamshedpur | 27 th to 28 th Feb,2018 |
| 14. | * National Deadlift (M&W) *Bench Press EQ & UNEQ (Men & Women) NATIONAL Championship all age group (Sub-JR to Master IV) | Rait, Kangra, (H.P) | 21 st to 25 th Mar 2018 |

TO TAKE PART IN THE INTERNATIONAL EVENT CANDIDATE HAVE TO PREPARE FOR A SELECTION TRIAL MINIMUM 2-3 MONTHS BEFORE THE CHAMPIONSHIPS. VENUE AND DATES FOR THE TRIALS WILL BE INTIMATED TO THE SECRETARY OF MEMBER STATES ASSOCIATION.